

BREASTFEEDING YOUR NEWBORN

BABY WRAPPED
IN ONE CLOTH

BABY'S HEAD
BROUGHT TO BREAST

ARM SUPPORTING
WHOLE BODY

OPPOSITE
ARM HOLD



KUYAMWITSA MWANA WAKHANDA

KULUNGANI MWANA
MUNSALU IMODZI

IKANI MUTU
KUBELE

MKONO UCHINJILIZE
THUPI LA MWANA LONSE

DZANJA LIGWILE
MUTU WAMWANA

